

FEBRUARY 2023

K-8TH GRADE BREAKFAST

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|--|--|---|--|--|--|--|--|--|--|
| | | | | 1 | | 2 | | 3 | |
| | | | | ½ CUP 100% JUICE* ½ C BANANA (21 CHO) APPLE JACKS CEREAL (1 WG - 24 CHO) GRAHAM CRACKER (1 OZ WG - 11 CHO) | | ½ CUP 100% JUICE* ½ C APPLE CRISPS (10 CHO) MINI CINNAMON ROLLS (2 WG - 40 CHO) | | ½ CUP 100% JUICE* ½ C APPLE (24 CHO) MARSHMALLOW MATEY CEREAL (1 WG - 22 CHO) | |
| 6 | | 7 | | 8 | | 9 | | 10 | |
| ½ CUP 100% JUICE* ½ C APPLESAUCE (14 CHO) STRAWBERRY CHEERIO BAR (1 WG - 29 CHO) | | ½ CUP 100% JUICE* ½ C CRAISIN (27 CHO) DONUT RING (2 WG - 29 CHO) | | ½ CUP 100% JUICE* ½ C BANANA (21 CHO)) FROSTED FLAKE CEREAL (1 WG - 25 CHO) GRAHAM CRACKER (1 OZ WG - 11 CHO) | | ½ CUP 100% JUICE* ½ C ORANGE (17 CHO) STRAWBERRY STUFFED BAGEL (2 WG-42 CHO) | | ½ CUP 100% JUICE* ½ C APPLE (24 CHO) CINNAMON TOASTER CEREAL (1 WG - 21 OZ) | |
| 13 | | 14 | | 15 | | 16 | | 17 | |
| ½ CUP 100% JUICE* ½ C APPLESAUCE (14 CHO) FROSTED POP TART (1.25 OZ WG - 38 CHO) | | ½ CUP 100% JUICE* ½ C CRAISIN (27 CHO) CRUNCH MANIA (2 OZ WG - 37 CHO) | | ½ CUP 100% JUICE* ½ C BANANA (21 CHO) FROOT LOOP CEREAL (1 OZ WG - 24 CHO) GRAHAM CRACKER (1 OZ WG - 11 CHO) | | CLOSED | | CLOSED | |
| 20 | | 21 | | 22 | | 23 | | 24 | |
| CLOSED | | ½ CUP 100% JUICE* ½ C APPLESAUCE (14 CHO) GOLDEN GRAHAM BAR (1 OZ WG - 30 CHO) | | ½ CUP 100% JUICE* ½ C CRAISIN (27 CHO) APPLE JACKS CEREAL (1 WG - 24 CHO) GRAHAM CRACKER (1 OZ WG - 11 CHO) | | ½ CUP 100% JUICE* ½ C APPLE CRISPS (10 CHO) MINI CINNAMON ROLLS (2 WG - 40 CHO) | | ½ CUP 100% JUICE* ½ C APPLE (24 CHO) MARSHMALLOW MATEY CEREAL (1 WG - 22 CHO) | |
| 27 | | 28 | | Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider. | | | | | |
| ½ CUP 100% JUICE* ½ C APPLESAUCE (14 CHO) STRAWBERRY CHEERIO BAR (1 WG - 29 CHO) | | ½ CUP 100% JUICE* ½ C CRAISIN (27 CHO) DONUT RING (2 WG - 29 CHO) | | | | | | | |
| Served With Milk Menu Subject To Change *Apple Juice (14 CHO), Orange Juice (13 CHO), Fruit Punch Juice (14 CHO) | | | | | | | | | |

FEBRUARY 2023

K-8TH GRADE LUNCH MENU

| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
|---|--|---|--|--|--|---|--|--|--|
| | | | | 1 SAY CHEESE! PIZZA | | 2 CHICKEN PATTY | | 3 POPCORN CHICKEN BOWL | |
| | | | | ½ C 100% Juice* ¼ C Wango Mango Juice (13 CHO) ¼ C Baby Carrots (6 CHO) Cheese Pizza (2 MMA/2 WG - 34 CHO) | | ½ C Banana (21 CHO) ¾ C Carrots (7 CHO) Chicken Patty (2 M/1 WG - 22 CHO) Hamburger Bun (2 WG - 25 CHO) BBQ Packet (5 CHO) | | ½ C Spiced Applesauce (17 CHO) ¼ C Corn (7 CHO) ¾ C Cheesy Mashed Potatoes (29 CHO) Breaded Popcorn Chicken (1 WG/2 M - 14 CHO - 11 E) | |
| 6 CHICKEN NUGGETS | | 7 FLUFFY CAKES & LINKS | | 8 CONEY DOG | | 9 CHEESE DIPPERS | | 10 HAM DINNER | |
| ½ C 100% Juice* ¼ C Broccoli (5 CHO) Breaded Chicken Nuggets (2 M/1 WG - 14 CHO - 5 E) BBQ Packet (5 CHO) | | ½ C Apple Crisps (10 CHO) ¾ C Potato Rounds (20 CHO) Turkey Breakfast Sausage (2 M - 2 CHO) Pancakes (2 WG - 42 CHO - 2 E) Ketchup Packet (2 CHO) Syrup Cup (30 CHO) | | ½ C Applesauce (14 CHO) ¼ C Coney Beans (42 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO) | | ½ C 100% Juice* ¾ C Pizza Green Beans (11 CHO) Cheese Stuffed Breadsticks (2 MMA/2 WG - 42 CHO - 2 E) Marinara Cup (14 CHO) | | ½ C Banana (21 CHO) ¾ C Carrots (7 CHO) ½ C Garlic Butter Mashed Potatoes (22 CHO) Turkey Ham (2 M - 2 oz - 1 CHO) Gripz Grahams (1 oz - 19 CHO) | |
| 13 CHICKEN PATTY | | 14 DOGS IN A BLANKET | | 15 CHICKEN N' BISCUIT | | 16 | | 17 | |
| ½ C 100% Juice* ¾ C Baked Beans (42 CHO) Chicken Patty (2 M/1 WG - 22 CHO) Hamburger Bun (2 WG - 25 CHO) BBQ Packet (5 CHO) | | ½ C Apple Crisps (10 CHO) ¾ C Green Beans (8 CHO) Mini Corn Dogs (2 M/2 WG - 33 CHO - 6E) Ketchup Packet (2 CHO) | | ½ C Apple Crisps (10 CHO) ¾ C Brown Sugar Carrots (8 CHO) Chicken Tenders (2 M/1 WG - 16 CHO - 3 E) Mini Biscuit (1 WG - 14 CHO - 1 E) Butter Cup (0 CHO) | | CLOSED | | CLOSED | |
| 20 | | 21 SAY CHEESE! PIZZA | | 22 HAMBURGER | | 23 GOLDEN NUGGETS | | 24 PASTA MARINARA | |
| CLOSED | | ½ C Apple Crisps (10 CHO) ½ C Wango Mango Juice (13 CHO) ¼ C Baby Carrots (6 CHO) Cheese Pizza (2 MMA/2 WG - 34 CHO) | | ½ C 100% Juice* ¾ C Green Beans (8 CHO) Beef Patty (2 M - 4 CHO) Hamburger Bun (2 WG - 25 CHO) Ketchup Packet (2 CHO) | | ½ C 100% Juice* ¾ C Corn (21 CHO) Breaded Chicken Nuggets (2 M /1 WG - 14 CHO) BBQ Packet (5 CHO) | | ½ C Banana (21 CHO) ½ C Carrots (4 CHO) ½ C Marinara Sauce (27 CHO) 2.5 oz Seasoned Beef (7 CHO - 2M) ¾ C Pasta (42 CHO- 1.5 WG) | |
| 27 FLUFFY CAKES & LINKS | | 28 HOTDOG | | Innovation Foods 1550 Enterprise Parkway Twinsburg, OH 44087 440-580-4800 www.ifsmeals.com This institution is an equal opportunity provider. | | | | | |
| ½ C 100% Juice* ¾ C Potato Rounds (20 CHO) Turkey Breakfast Sausage (2 M - 2 CHO) Pancakes (2 WG - 42 CHO - 2 E) Ketchup Packet (2 CHO) Syrup Cup (30 CHO) | | ½ C Apple Crisps (10 CHO) ¾ C Corn (20 CHO) Turkey Hot Dog (2 M - 1 CHO) Hotdog Bun (2 WG - 27 CHO) Ketchup Packet (2 CHO) | | | | | | | |
| Served With Milk Menu Subject To Change *Apple Juice (14 CHO), Orange Juice (13 CHO), Fruit Punch Juice (14 CHO) | | | | | | | | | |