

# FEBRUARY

**Breakfast**



## LINCOLN PARK UPPER BRC - Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
January 28, 2019	January 29, 2019	January 30, 2019	January 31, 2019	February 1, 2019
				CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk
February 4, 2019	February 5, 2019	February 6, 2019	February 7, 2019	February 8, 2019
MULTI GRAIN CHEERIOS^ Maple Breakfast Square ^ Craisins Orange Juice Choice of Milk	ENGLISH MUFFIN ^ Diced Peaches Grape Juice Assorted Jelly Choice of Milk	COCOA PUFFS ^ Animal Grahams ^ Fresh Apple Choice of Milk	NO SCHOOL	RICE CHEX ^ Cherry Breakfast Bar ^ Fresh Apple Choice of Milk
February 11, 2019	February 12, 2019	February 13, 2019	February 14, 2019	February 15, 2019
RASPBERRY YOGURT Granola ^ Craisins Blended Fruit Juice Choice of Milk	TRIX ^ Graham Crackers ^ Diced Pears Apple-Cranberry Juice Choice of Milk	MOZZARELLA CHEESE STICK Lemon Mini Loaf ^ Fresh Apple Choice of Milk	PEACH LOAF ^ Fresh Banana Grape Juice Choice of Milk	NO SCHOOL
February 18, 2019	February 19, 2019	February 20, 2019	February 21, 2019	February 22, 2019
PRESIDENTS DAY	GOLDEN GRAHAM CEREAL ^ Vanilla Waffle Square ^ Craisins Orange Juice Choice of Milk	PUMPKIN LOAF^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	ENGLISH MUFFIN ^ Craisins Fresh Orange Assorted Jelly Choice of Milk	VANILLA YOGURT Blueberry Muffin ^ Fresh Apple Choice of Milk
February 25, 2019	February 26, 2019	February 27, 2019	February 28, 2019	March 1, 2019
MOZZARELLA CHEESE STICK Corn Muffin ^ Diced Pears Craisins	COCOA PUFFS ^ Cherry Breakfast Bar ^ Pineapple Tidbits Orange Juice Choice of Milk	FRUITY CHEERIOS ^ Animal Grahams ^ Fresh Apple Choice of Milk	STRAWBERRY YOGURT Granola ^ Fresh Banana Grape Juice Choice of Milk	

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. \*\* MENU SUBJECT TO CHANGE \*\*

^ Denotes item is whole-grain/whole wheat

\*\*\* This institution is an equal opportunity provider.

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