

SEPTEMBER

Breakfast



LINCOLN PARK LOWER BRC - Breakfast K-12

Monday	Tuesday	Wednesday	Thursday	Friday
September 2, 2019	September 3, 2019	September 4, 2019	September 5, 2019	September 6, 2019
LABOR DAY	FRUITY CHEERIOS ^ Animal Grahams ^ Craisins Apple-Cranberry Juice Choice of Milk	FROSTED CORN FLAKES ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk	RICE CHEX ^ Strawberry Pancake Square ^ Fresh Banana Orange Juice Choice of Milk	Choice of Milk PEACH MINI LOAF^ Mozzarella Cheese Stick Fresh Apple
September 9, 2019	September 10, 2019	September 11, 2019	September 12, 2019	September 13, 2019
GOLDEN GRAHAM CEREAL ^ French Toast Breakfast Square ^ Craisins Blended Fruit Juice Choice of Milk	COCOA PUFFS ^ Graham Crackers ^ Orange Juice Diced Peaches Choice of Milk	MOZZARELLA CHEESE STICK Chocolate Chip Mini Loaf ^ Fresh Apple Choice of Milk	VANILLA YOGURT Granola ^ Fresh Banana Applesauce Cup Choice of Milk	Fresh Apple Choice of Milk APPLE CINNAMON CHEERIOS ^ Maple Breakfast Square ^
September 16, 2019	September 17, 2019	September 18, 2019	September 19, 2019	September 20, 2019
NO SCHOOL	TRIX ^ Strawberry Pancake Square ^ Craisins Grape Juice Choice of Milk	BLUEBERRY MUFFIN^ Mozzarella Cheese Stick Fresh Apple Choice of Milk	PUMPKIN MINI LOAF ^ Fresh Banana Orange Juice Choice of Milk	CORN CHEX ^ Vanilla Waffle Square ^ Fresh Apple Choice of Milk
September 23, 2019	September 24, 2019	September 25, 2019	September 26, 2019	September 27, 2019
COCOA PUFFS ^ Graham Crackers ^ Craisins Orange Juice Choice of Milk	STRAWBERRY YOGURT Granola ^ Diced Pears Apple-Cranberry Juice Choice of Milk	CINNAMON CHEX ^ Maple Breakfast Square ^ Fresh Apple Choice of Milk	ENGLISH MUFFIN ^ Assorted Jelly Fresh Banana Diced Peaches Choice of Milk	MOZZARELLA CHEESE STICK Peach Mini Loaf ^ Fresh Apple Choice of Milk
September 30, 2019	October 1, 2019	October 2, 2019	October 3, 2019	October 4, 2019
APPLE CINNAMON CHEERIOS ^ Vanilla Waffle Square Craisins Grape Juice Choice of Milk				

ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK. ** MENU SUBJECT TO CHANGE **

^ Denotes item is whole-grain/whole wheat

*** This institution is an equal opportunity provider.

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